



CAREER PLANNING

How to start Career Development

2024 | VIOLA MIDDENDORF, SVENJA KLINKENBERG CAREER CENTER

TRAINING COURSES: CAREER DEVELOPMENT

3.5-day workshop

Goals

- Training offer spread over three years based on respective needs
- Continuous counseling offer by Jülich Career Center for course participants
- A common course offer for fellows from all partner institutions
- Strengthening relationships between Ph.D.s & supervisors
- Structuring and guiding discussions between Ph.D.s & supervisors

Focus Questions

- What are my competencies?
- What do I want my future path to look like?
- What do I need to be successful?

Year 1 (0.5 days)
Training Course
Offer between
month 6-12 of thesis project

Mandatory individual offer
Talks with supervisor and
Career Center
on skill development and
future career-related thoughts

Year 2 (2 days)
Training Course

Optional individual offer
Matching with seniors / alumni for
informational interviews (mentors)

Year 3 (1 day)
Training Course

Topics of Training Course:

- How to use the Ph.D. years to develop skills for my scientific project and my career?
- How and why to talk to my supervisor about career development?
- Importance of developing transferable skills for careers in science, industry, etc.
- What developmental areas are there?
- How to work with an individual development plan?

Topics of Training Course:

- Individual assessment of core competences
- Thinking about the own values and interests as basis for career development
- What career tracks are there?
- Understanding career preferences
- Setting up a business network
- Getting feedback from trainers and other participants

Topics of Training Course:

- Creating my next steps: Academia, Industry or something else?
- Application procedures and Application documents: CVs, cover letters
- Future skills: Leadership and mentoring skills
- How to perform in Assessment Centers

CAREER CENTER & POSTDOC OFFICE

Contact



Career Counselling & Trainings



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Svenja
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Individual Counselling:
Make an appointment: [link](#)

Event Planning & Back Office



Julia
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<https://www.fz-juelich.de/en/career-center-postdoc-office>
Newsletter Career Center via doctoral researchers mailing list